



EGMOND / NELSON DECLARATION ON HYPNO-PSYCHOTHERAPY

The undersigned agrees to conform with the following general principles governing the practice of Hypno-psychotherapy:

"Hypno Psychotherapists wishing to be recommended for the award of the European Certificate for Psychotherapy, and Training Institutes or Professional Organisations wishing to become members of EAHP have to conform with the following general principles governing the practice of Hypno-psychotherapy:

All physical contact with clients during a hypno-psychotherapy session must be appropriate and consensual. It should be noted that most legitimate hypno-psychotherapeutic aims can be realized without physical contact between therapist and client.

Hypno-psychotherapeutic trances can be induced by verbal techniques. All physical techniques such as arm drop induction's, anchoring, etc. must be fully explained and client's informed consent given before use.

It is not permitted for the hypno-psychotherapist to use forced breathing and or rebirthing, or to use physical actions that affect biological functioning, such as interfering with the bloodstream to the brain to induce trance. In such cases where the use of stimulants, drugs or medication, are indicated or recommended, one must refer to a qualified medical physician who is also a trained hypno-psychotherapist.

*When the therapist deems it necessary or useful to deviate from these guidelines and utilize a different form of therapy, **in which s/he is properly trained**, s/he can do so only with informed consent by the client. Any resulting treatment does not fall within the framework of hypno-psychotherapy and requires a new contract between therapist and client.*

Any complaints concerning therapists not registered with EAHP and/or involving methodology other than hypno-psychotherapy must be addressed to the appropriate registering body or professional organisation.

Egmond a.d. Hoef, 1st October 1999 / Nelson 3th June 2005

Please write in block capitals!

Name :

Date of birth :

Birthplace :

Date :

Signature :

