

General Overview comparing the Requirements of Registration for

Dutch State-registered “Psychotherapeut” with European EAP-registered “Psychotherapist ECP”
180805

	REQUIREMENTS DUTCH STATE REGISTERED “PSYCHOTHERAPEUT”	REQUIREMENTS EUROPEAN EAP REGISTERED: “PSYCHOTHERAPIST ECP”
Preliminary Education:	<p>MA (4 years) in: Psychology, Psychiatry, Pedagogy, Mental Health Care Sciences, Medicine</p> <p><i>(or equivalent MA with the elements: theories re. personality, psychophysiology or psychosomatology, psychopathology, developmental psychology, psychopharmacology, psychocultural problematic, sexology, communication training, interaction training, 30 day working practise in a Mental Health Institute)</i></p>	<p>BA (4 years) in: Human or Social Sciences (4 years of education including 1 year of supervised practise). Degree from an Institute for Higher Professional Education (“HBO”= first University degree BA)</p> <p><i>(or equivalent BA with additive courses)</i></p>
Totally hours specific Psychotherapy Training	1280 hrs	3200 hrs
	<p>400 hrs theory / Compulsory courses / training modules as specified by law; (No time period mentioned)</p> <p>a. basic aspects/elements of psychotherapy b. training in verbal techniques and interaction, pointed to practical application within psychotherapy c. intake and indication d. psychopathology e. specific group problems related to different age, different social backgrounds and culture f. psychotherapeutic frames of reference to psychoanalytic therapy, behavioural therapy, experiential therapy and system therapy, based on respectively psychoanalytic theories, the learning- and cognitive theories, the experiential theories and the system theories. g. introduction in all different modalities re. psychotherapeutic frame work h. introduction basics and characteristics of group processes i. characteristics of the ambulant, the by day-care and clinic practise situation j. specific ethics of the profession k. recent developments about scientific investigation concerning psychotherapy l. quality of practising and the profession</p> <p>min. 180 hrs</p> <ul style="list-style-type: none"> - Psychotherapy Modality Training (no time period mentioned) - no description of the contents 	<p>1800 hrs General Psychotherapy Education 11 compulsory modules¹ (3 years):</p> <ul style="list-style-type: none"> - Psychopathology and psycho diagnostics (DSM)min. 376 hrs - 4 modules Intervention Repertory...min..300 hrs - Development Psychologymin.150 hrs - Pedagogy (incl. sexual development) min.150 hrs - Social problems in relation to Psychotherapymin.150 hrs - Philosophy in relation to Psychotherapy..... min.150 hrs - Law and Ethics in relation to Psychotherapymin.150 hrs - Scientific research methodsmin. 210 hrs - Eventually: negotiated module e.g. Basic Medical knowledge in relation to Psychotherapymin.164 hrs <p><i>(exemption of modules is possible, depending preliminary education, and / or other courses)</i></p> <p>500-800 hrs (depending the modality / EWAO)</p> <ul style="list-style-type: none"> - Psychotherapy Modality Training (min. 4 years): - Theory & methodology, including psychopathology conform the modality

¹ Our National Accrediting Organisation NAP considers this as an upgrade from BA-level to the level of MA-General Psychotherapy

	<p>50 hrs Self-experience hours e.g. training analysis, personal therapy</p> <p>500 hrs Psychotherapy sessions with children, adult and elderly people : with at least 50 hrs with individual adult clients.</p> <p>150 hrs Supervision</p>	<p>250 hrs Self-experience hours e.g. training analysis, personal therapy</p> <p>500 - 600 hrs (TAC / NAP) Psychotherapy sessions under regular supervision..... <i>During 4 years work experience in psychotherapy under supervision, with min. 3 clients per week, (children, adults and elderly people).</i></p> <p>150 hrs Supervision</p>
Work experience	<p>2400 hrs (4 years) work experience in the working field of psychotherapy</p>	No hours mentioned
Training years inclusive Preliminary Education	8	11
Accessibility	<p>In the past 2 years experience in an ongoing job in a State recognised Mental Health Institute and obligatory working. The training is restricted till about 44 new trainees per year, in order to keep the offer small and secure a working place during and after finishing the study / controlling the expenses for mental health care by the State: re. law General Reimbursement Health Care Expenses (Wet AWBZ).</p> <p>Last 2 years No psychotherapy training started</p> <p>2005/2006 New start is foreseen: under condition of an ongoing job in a State recognised Mental Health Institute and obligatory working. So there is no freedom to chose for an education for this profession in the Netherlands.</p>	Unlimited